

# ***CENTER FOR SUSTAINABLE FORESTRY AT PACK FOREST***

## ***Breakfast Fare***

*Pancakes with Syrup, Berries and Whipping Cream*

*\*Ham and Cheese Omelet with Hashbrowns*

*\*Breakfast Burrito with Hashbrowns*

*French Toast with Syrup, Berries and Whipping Cream*

*Veggie Frittata and Choice of Breakfast Meat*

*Scrambled Eggs and Hashbrowns*

*Fried Eggs and Hashbrowns*

*\*Biscuits & Gravy, Eggs and Hashbrowns*

*\*Ham or Sausage, Egg and Cheese on a Croissant, English muffin or Bagel*

*Breakfast always includes: Bacon, Sausage or Ham, Coffee, Tea, Milk & Juice,  
Hot and Cold Cereal, Whole Fruit and Assorted Breads for Toast. Butter, Jam, Cream Cheese.  
Peanut Butter available upon request.*

## ***Continental Breakfast***

*Yogurt, Hard Boiled Eggs, Bagels w/ Cream Cheese, Assorted Danish, Fresh Fruit,  
Juice, Coffee and Tea*

***\*ITEM INCLUDES, BACON, HAM OR SAUSAGE***



## ***Lunch***

*Turkey Club on Croissant or Ciabatta with Homemade Soup*  
*Chicken Parmesan Sandwich with Homemade Soup*  
*Chicken Sandwich with Grilled Onion on a Kaiser Roll*  
*Meatball Sub with Homemade Soup*  
*French Dip Sandwich with Homemade Soup*  
*Philly Steak or Chicken Sandwich with Homemade Soup*  
*Hoagie Sub or Italian Sub with Homemade Soup*  
*Chicken, Pork, Beef or Tofu Stir Fry with Rice, Rolls and Salad*  
*Pasta Primavera, Garlic Bread and Salad*  
*Grilled Cheese Sandwich with Homemade Soup*  
*Grilled Ham & Cheese Sandwich w/ Grilled Onion & Homemade Soup*  
*Grilled Havarti, Pesto & Avocado w/ Shaved Onion on Sourdough*  
*Hamburger or Cheese Burger with Soup and Chips*  
*Caprese Sandwich with Homemade Soup*  
*Hummus Veggie Sandwich w/ Homemade Soup*  
*Beef, Chicken or Pork Tacos or Fajita's*

## ***Soups***

*Baked Potato*  
*Beef Vegetable*  
*Clam Chowder*  
*Chicken Noodle*  
*Chicken Rice*  
*Garden Vegetable*  
*Tomato Basil*  
*Beef Taco*  
*Vegan Taco*  
*Chili*

***Lunch always includes: Coffee, Assorted Tea, Assorted Soda, Milk,  
Whole Fruit, Garden Salad and Dessert***

***BREADS LIST ARE SUGGESTION!***

# ***Dinner***

## ***Pasta***

*Chicken Fettuccini with French bread*  
*Spaghetti with Meat or Vegetarian Sauce, Bread Sticks*  
*Spaghetti and Meatballs w/ Vegetarian Sauce*  
*Meat or Vegetarian Lasagna, Bread Sticks*  
*Mushroom or Chicken Alfredo Lasagna with French bread*  
*Chicken Alfredo & Garlic Bread*  
*Cheese or Mushroom Ravioli with Vegetarian Sauce, Garlic Bread*

## ***Chicken / Turkey***

*Imperial Chicken with Rice Pilaf and Rolls*  
*Senora Chicken with Macaroni & Cheese or Baked Potato and Rolls*  
*Oven Baked Chicken with Roasted Red Potatoes and Rolls*  
*Roast Turkey with Mashed Potatoes, Gravy, Dressing and Rolls*  
*Chicken Enchilada's w/ Rice and Refried Beans*  
*Mexican Chicken w/ Chili's served over White Rice*

## ***Beef and Pork***

*Beef or Mushroom Stroganoff over Noodle with Biscuits*  
*Pork Chops with Mushroom Sauce, Rice and Rolls*  
*Roast Beef, Mashed Potatoes, Gravy and Rolls*  
*Meatloaf, Baked Potatoes, Green Beans and Rolls*  
*Baked Ham with Scalloped Potatoes and Corn Bread*  
*Green Pepper Steak over Rice with Rolls*

## ***Fish***

*Baked Cod with Roasted Red Potatoes and Rolls*

***Bread Options; Rolls, French, Sticks, Garlic & Corn Bread***

***Potato Options; Baked, Roasted, Mashed or Garlic Mashed***

***Dinner always includes: Garden Salad, Whole Fruit, Dessert, Coffee, Assorted Tea,  
Soft Drinks and Milk***

**CLIENT CAN CHOOSE A DESSERT!**

## ***BBQ Dinners***

*BBQ Hot Dogs, Hamburger or Polish Sausage with  
Potato Salad or Macaroni Salad, Baked Beans or Chili,  
Garden Salad, Chips and Ice Cream or Sorbet*

*BBQ New York Steak 8oz with choice of Potato or Rice  
Baked Beans, Salad Bar, Corn Bread  
and Berry Crisp*

*BBQ Salmon with choice of Potato or Rice, Seasonal Vegetable,  
Baked Beans, Corn Bread, Coleslaw,  
Salad Bar and Berry Crisp*

*BBQ Chicken Dinner with choice of Potato or Rice  
Seasonal Vegetable, Baked Beans, Rolls,  
Salad Bar and Strawberry Shortcake, Berry Crisp,  
Ice Cream or Sorbet*

### ***Potato Side Choices;***

*Roasted Potatoes, Baked Potato, Garlic Mashed & Mashed Potatoes*

*Rice Side Choices: Rice Pilaf, Brown Rice, Wild Rice & White Rice*

### ***Vegetarian / Vegan Options;***

*Veggie Burgers, Stuffed Portobello Mushroom, Zucchini Boat & Stuffed Peppers*

*BBQ Dinner always includes: Garden Salad, Whole Fruit, Dessert, Coffee,  
Assorted Tea, Soft Drinks and Milk*

*A choice of picnic or traditional dinner sides are available for the  
Chicken, Steak or Salmon BBQ*



## ***Break Options***

*Whether choosing our famous cinnamon rolls, delicious cookies or tantalizing appetizers. Break service items and service are highly rated. Break service is delivered to the meeting room or social area. Delivery location(s) and time(s) are due no later than guarantee date. Below is a sample of our most popular ordered items.*

### ***Beverages***

*Coffee, Decaf or Tea \$20.00 Pump Pot  
Juice \$35.00 Gallon Individual Juices \$3.00 each  
Soft Drinks \$3.00, Bottled Water \$2.75, Sparkling Water \$3.50 each  
Unlimited Beverage in Dining Hall \$4.75*

### ***Pastries***

*Cookies \$2.50, Raspberry Bars, \$3.00 each  
Brownies \$2.75, Lemon Bars \$3.50, Apple Dumplings \$3.00 each  
Cinnamon Rolls \$3.25, Scones \$3.50, Assorted Danish \$3.25, Muffins, \$3.50 each*

### ***Fruit***

*Whole Fruit \$3.00 each  
Fruit Cup \$4.25 per serving*

### ***Appetizers***

*\*SS Potato Chips with \*SS Dip \$2.50 per serving  
\*SS Tortilla Chips with SS Salsa \$2.50, \*SS Trail Mix \$2.75 per serving  
\*SS Popcorn \$2.00 per serving  
\*SS S'mores \$4.00 per serving*

### ***\$5.25 per serving***

*Spanakopita, Pin Wheels, Egg Rolls, Meatballs, Stuffed Jalapeno,  
Chicken or Beef Taquitos w/ Guacamole or Salsa,  
Chicken Flauta w/ Guacamole or Salsa, \*SS Cheese & Crackers,  
\*SS Mexi Dip w/ Tortilla Chips, \*SS Meat / Cheese & Crackers*

### ***\$5.00 per serving***

*Chicken Wings, Stuffed Mushrooms, Deli Wraps*

*Hoagie Subs or Italian Subs, \$9.00 per serving*

**\*SINGLE SERVE**